

Kurier - 27.08.2005

Interview:

Politician for ten to fifteen years

Coach and author Regina Jankowitsch spoke for her book Ich trete an! ("I line up!") with politicians and journalists about success factors in political life.

KURIER: What differentiates newcomers from professional politicians?

A newcomer approaches with less of a binding to a party. He feels more independently and is more unconventional than the professional politician. Therefore, he is looked for and wanted. Should the popularity not be sufficient, to be asked personally, one must make oneself a name.

KURIER: What do you associate with a career in politics?

After you found your topic, visit locations, where you can address these issues. Every commitment for a project or a group – students or parents associations, the Lion Club – can prepare for a political function. One should always maintain contacts outside of the political networks. For most of the surveyed politicians it is important that they are independent of party politics.

KURIER: What does a politician need?

Being a politician is a demanding job. You are publicly present around the clock. This costs strength and shows effects for your private life. Loss of energy is, in my opinion, more intense in politics than in management. It is not worthwhile to become a professional politician. I do not recommend

this to anyone. “Politician” can be regarded as a specific phase-of-life vocation, for a maximum of ten to fifteen years.

Book recommendation

Regina Jankowitsch, “Ich trete an”, Ueberreuter 2005, 14.95 €, www.jankowitsch.at